

Jennamariesdeli.com 459 summer street, Stamford Ct 06901

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[Minimum of \\$30.00 for delivery orders](#)

**California Salad:** Romaine, feta, craisens, almonds, avocado, tomato & raspberry

vinaigrette **\$8.50**

with grilled chicken **\$10.99**

w/chicken salad or tuna salad **10.99**

w/ grilled salmon **15.99**

**Texican Salad:** Romaine leaf, tomato, avocado, black beans, corn, sliced jicama with feta cheese and Honey Lime dressing **\$8.50** with grilled chicken **\$10.99**

w/chicken salad or tuna salad **10.99**

w/ grilled salmon **15.99**

**Cobb Salad:** Romaine, tomato, bacon, avocado, egg, blue cheese, Grilled chicken & balsamic Dijon **\$10.99**

w/chicken salad or tuna salad **10.99**

w/ grilled salmon **15.99**

**Belgium Salad:** Green leaf, toasted almonds, goat cheese, grilled chicken & balsamic oil & vinegar **\$10.99** w/chicken salad or tuna salad **10.99**

w/ grilled salmon **15.99**

**Quinoa Salad:** With peppers, scallions, carrots, sliced pecans, carrot strips, mixed leaf, grilled chicken & lemon dressing

**\$10.99** w/chicken salad or tuna salad **10.99**

w/ grilled salmon **15.99**

#### **Something Extra**

**Granola & Yogurt Parfait** *with fresh berries* **4.99**

**Fruit salad** **2.99/5.99**

**Potato salad** **1.99**

**Side of Quinoa** **2.99**

#### **Sweet endings**


**Cheesecake brownie** **2.25/**

**Cookies: Choc chip** **\$1/peanut butter** **\$1/**

**rice pudding** **1.99**

### Soups

**Chicken & Vegetable Soup**  
Sm 3.99/ Lrg 4.75

 **Pasta & Vegetable Soup**  
*with basil & Ditalini pasta*  
Sm 4.99/Lrg 5.75

### Sides

**Rice 2.99/steamed vegetables 2.99/ Sautéed Broccoli Rabe with olive oil & fresh garlic 3.99/Potatoes au gratin 2.99**

### Chicken Marsala

**Chicken Marsala with one side 8.99 with two sides 10.50**

### Choice of side

**Rice /steamed vegetables/Potatoes au gratin/  
Sautéed Broccoli Rabe with olive oil & fresh garlic/**

### Grilled Salmon

**Grilled Salmon & lemon butter with  
one side 11.99 (\$1 extra for B.Rabe)**

**Grilled Salmon & Lemon butter with two sides 13.50  
(\$1 extra for B.Rabe (market price))**

### Choice of side

**Rice /steamed vegetables/Potatoes au gratin/  
Sautéed Broccoli Rabe with olive oil & fresh garlic/**

### Grilled Chicken

**Lemon Basil grilled chicken w/one side 8.50 two sides 9.99  
(\$1 extra for B.Rabe)**

### Choice of Side

**Rice/ steamed vegetable/Potatoes au gratin/  
Sautéed Broccoli Rabe with olive oil & fresh garlic**



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Spicy



Toasty Sandwich



Vegetarian



Cold sandwich



Gluten Free

### **Sandwich of the Day**

🔥 **Bullet Tooth Tony:** Chicken cutlet on a sub with chipotle mayonnaise, arugula and melted Swiss cheese **8.50**

### **Fried Chicken Favorites**

🔥 **The Clucker:** Fried chicken on a roll with Chipotle mayo, bacon & melted Cheddar Cheese **10.25**

🔥 **The Sinner:** Fried chicken wrap with chipotle mayo, arugula, pickled red onions & tomato **9.75**

🔥 **“Lock Stock & Two smoking Barrels”** Buttermilk Fried chicken on a roll with buffalo sauce, ranch, bacon & melted cheddar cheese **9.50**

### **Chicken Marsala**

**Chicken Marsala on a roll 7.99 Chicken Marsala on a sub 8.99**

### **Grilled Chicken Favorites**

**Lemon Basil grilled chicken on a roll 6.50 on a sub 7.50**

🔥 **The Mad Dog:** Lemon Basil grilled chicken on a roll with oil & vinegar, tomato, arugula, melted provolone **7.50**

🔥 **The Yellow Submarine:** Lemon Basil grilled chicken on a sub with red pepper mayo, bacon & melted Swiss **9.50**

🔥 **Tommy the Gun:** Lemon Basil grilled chicken on a roll, chipotle mayo, bacon & melted American Cheese **8.50**

### **Best of The Rest**

🔥 **Gorgeous George:** Grilled Chicken wrap with chipotle mayo, tomato, melted cheddar cheese **7.50**

🔥 **The Meathead:** Meatballs sub, marinara sauce, Sauteed Broccoli Rabe, melted Mozzarella **8.99**

🔥 **Boris the Blade:** Cajun grilled chicken on a roll, Russian dressing, pickled red onions, tomato and Monterrey Jack cheese **8.75**

❄️ **The Titanic:** California tuna on a wrap (with apples, craisens, scallions), spinach leaves and tomato **8.25**

## **Naughty Stuff**

### **Honey Humdingers**

*Crispy honey chicken nuggets with honey mustard dipping sauce*

**8.00**

### **Buffalo Pop 'Ems**

*Crispy buffalo chicken nuggets with blue cheese dipping sauce*

**8.00**

**French fries 3.50**

**Chicken tenders with honey mustard and fries 9.50**

**Onion rings 3.99**

**Potato cones with chipotle mayo 3.99**

**Grilled cheese 4.25**

**Grilled cheese & bacon 5.99**