

Jennamariesdeli.com 459 summer street, Stamford Ct 06901

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**New Item!! Beet Salad:** Baby Spinach leaves, beets, goats' cheese, crispy quinoa & Beet & Balsamic dressing **10.99** with grilled chicken **13.99**

**HOLLYWOOD SALAD:** arugula, figs, goat cheese. candied walnuts, tomato, chic pea and walnut dressing **10.99** with chicken **13.99**

**California Salad:** Romaine, feta, craisins, almonds, avocado, tomato & raspberry vinaigrette **\$8.99** with grilled chicken **\$10.99** w/chicken salad or tuna salad **10.99** with grilled Salmon **17.99**

**Texican Salad:** Romaine leaf, tomato, avocado, black beans, corn, sliced jicama with feta cheese and Honey Lime dressing **8.99** with grilled chicken **\$10.99** with grilled Salmon **17.99**

**Spinach Salad:** Baby spinach leaves, tomato, olives, egg, feta, oil & red vinegar dressing **9.99** with chicken **11.99** w/ grilled salmon **18.99**

**Rogue Salad:** Romaine leaf, caramelized walnuts, granny smith apple, creamy crumbled blue cheese, grilled chicken and honey, walnut dressing **10.99** with grilled Salmon **17.99**

**Cobb Salad:** Romaine, tomato, bacon, avocado, egg, blue cheese, Grilled chicken & balsamic Dijon **10.99** with grilled Salmon **17.99**

**Quinoa Salad:** With peppers, scallions, carrots, sliced pecans, carrot strips, mixed leaf, grilled chicken & lemon dressing **10.99** with grilled Salmon **17.99**

### **sweet endings**

**Cookies:** Choc chip /oatmeal raisin 1.00 New York Cheesecake 2.99 Carrot Cake 2.99

brownie 2.25

**2 Cannoli in chocolate shells 2.99**

### **Sides:**

**pasta salad, potato salad, chic pea salad, fruit salad, macaroni salad, quinoa salad, cole slaw**

- ❖ Chicken vegetable soup 5.25/4.50
- ❖ chili con carne 5.99/4.99
- ❖ Ask for shredded cheddar on you chili

### **Meatloaf**

Meatloaf with one side 9.99 two sides 12.99

Meat loaf on a roll 7.99 sub 8.99

### **Roasted Turkey**

Roasted Turkey with one side 9.99 with two sides 12.99

Roast Turkey on a roll 7.99 on a sub 8.99

### **Italian grilled chicken**

Italian grilled chicken w/one side 9.50 two sides  
12.50

Italian grilled chicken on a roll 7.50 on a sub 8.50

### **Grilled Salmon**

Grilled Salmon w/lemon butter one side 12.99 two 15.50

Grilled salmon on a roll 10.25 on a sub 11.25

### **Choice of Side**

**Rice/ vegetables/Sauteed Kale/ Roasted Potato 2.99**

# **Carbo Coma: Chicken cutlet with chili & shredded cheddar on a baston 10.99**

## **Meatloaf sandwiches**

**Joe Biden:** Meatloaf, melted American and Russian on a sub **9.75**

**Marvin Lee Aday:** Meatloaf on a roll with sautéed eggplant, melted swiss and ranch **9.99**

**(Bennie who is Marvin lee above, no googling)**

## **Roasted Turkey Sandwiches**

**Walden:** Roasted Turkey on a roll, Sautéed Zucchini ,red pepper mayo, melted Muenster cheese **9.99**

**Civil Disobedience :** Roasted Turkey on a roll, Sautéed Zucchini, tomato mayo, melted cheddar cheese on a roll **10.25**

**Henry:** Roasted Turkey on a sub with Honey mustard, red peppers & American cheese **10.25**

## **Grilled Chicken**

**The centurion:** Italian chicken on a sub w/ranch, Sautéed zucchini & provolone **10.50**

**Marcus Aurelius:** Italian chicken on a wrap with Sautéed Zucchini , tomato & fresh Mozzarella **10.75**

**Lady Madonna:** Italian chicken on a wrap with guacamole, tomato & fresh Mozzarella **9.75**

**Simon Says:** Italian chicken on a roll w/guacamole, tomato & Pepper Jack cheese **9.25**

**The Chunky:** Italian chicken on a roll w/ chipotle mayo, pickled red onion & Monterey Jack **8.75**

<p><b>For whom the Bello Tolls: portobello mushroom on pita with beet hummus, eggplant and tomato 10.50</b></p>
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## **From the Grill**

**Jimmy Snooka:** Grilled steak on a seeded buttered sub with Artichoke, parmesan spread, American cheese and fries on top **10.99**

**Lord of the rings:** cheesesteak on a sub topped with onion rings and melted American **10.50**

**Crispy Buttermilk Chicken Wrap:** Crispy chicken pieces tossed in our Ranch dressing with tomato& cheddar cheese **9.99**

**Crispy Buttermilk Chicken Sub:** Crispy chicken pieces tossed in our Ranch dressing with tomato& cheddar cheese **10.99**

**The Suburbs:** Pastrami on ciabatta with muenster cheese, Russian and cole slaw **9.75**

**Curly Fries 4.50**

**Onion rings 4.50**

**Buffalo Pop 'Ems**

*Crispy buffalo chicken nuggets with blue cheese dipping sauce*

**8.99**

**Honey Humdingers**

*Crispy honey nuggets with honey mustard dipping sauce*

**8.99**