

Jennamariesdeli.com 459 summer street, Stamford Ct 06901

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[Minimum of \\$30.00 for delivery orders](#)

California Salad: Romaine, feta, craisens, almonds, avocado, tomato & raspberry vinaigrette **\$8.50**

with grilled chicken **\$10.99**

w/chicken salad or tuna salad **10.99**

w/ grilled salmon **15.99**

Texican Salad: Romaine leaf, tomato, avocado, black beans, corn, sliced jicama with feta cheese and Honey Lime dressing **\$8.50** with grilled chicken **\$10.99**

w/chicken salad or tuna salad **10.99**

w/ grilled salmon **15.99**

Belgium Salad: Green leaf, toasted almonds, goat cheese, grilled chicken & balsamic oil & vinegar **\$10.99** w/chicken salad or tuna salad **10.99**

w/ grilled salmon **15.99**

Quinoa Salad: With peppers, scallions, carrots, sliced pecans, carrot strips, mixed leaf, grilled chicken & lemon dressing

\$10.99 w/chicken salad or tuna salad **10.99**

w/ grilled salmon **15.99**

Something Extra

Granola & Yogurt Parfait *with fresh berries* **4.99**

Fruit salad **2.99/5.99**

Potato salad **1.99**

Pasta Salad *with tomato, mozzarella & basil* **2.99**

Side of Quinoa **2.99**

Sweet endings

Cheesecake brownie **2.25**/**chocolate chip brownie** **1.99**

Cookies: **Choc chip** **\$1**/**peanut butter** **\$1/**

rice pudding **1.99**

Soups

Chicken & Vegetable Soup

Sm 3.99/ Lrg 4.75

Lentil Soup

Sm 4.99/Lrg 5.75

Sides

Rice 2.99/steamed vegetables 2.99/ Sautéed Broccoli Rabe with garlic & olive oil 3.99/Mashed Potatoes with brown gravy 2.99

Roasted Turkey

Roasted Turkey one side 8.99 with two sides 10.50

Choice of Side

**Rice/ steamed vegetable/Mashed Potatoes with brown gravy/
Sautéed Broccoli Rabe with garlic & olive oil**

Grilled Salmon

Grilled Salmon & lemon butter with one side 11.99 (\$1 extra for B.Rabe)

Grilled Salmon & Lemon butter with two sides 13.50

(\$1 extra for B.Rabe (market price))

Choice of side

**Rice /steamed vegetables/Mashed Potatoes with brown gravy /
Sautéed Broccoli Rabe with garlic & olive oil (\$1 extra for B.Rabe)**

Grilled Chicken

Southwest grilled chicken w/one side 8.50 two sides 9.99

(\$1 extra for B.Rabe)

Choice of Side

**Rice/ steamed vegetable/Mashed Potatoes with brown gravy /
Sautéed Broccoli Rabe with garlic & olive oil (\$1 extra for B.Rabe)**



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Spicy



Toasty Sandwich



Vegetarian



Cold sandwich



Gluten Free

Sandwich of the Day

🔥 **The Pilgrim:** Roasted Turkey on a roll with cranberry mayo, arugula & Swiss **8.50**

Roasted Turkey

Roast Turkey on a roll 7.50 on a sub 8.50

🔥 **Byzantine Empire:** Roasted Turkey on a roll, eggplant, red pepper mayo, melted Meunster cheese **9.75**

🔥 **The HoneyBird:** Roasted Turkey on ciabatta with honey mustard, bacon, melted Gorgonzola cheese **10.25**

🔥 **"Fully Loaded":** Roasted Turkey on a whole wheat roll, cranberry mayo, bacon & Swiss cheese **9.50**

Grilled Chicken Favorites

South West chicken on a roll 6.50 Southwest chicken on a sub 7.50

🔥 **Rocket man:** Southwest grilled chicken on a roll with ranch, arugula, pickled red onion and melted swiss cheese **7.50**

🔥 **The Terminator :**Southwest grilled chicken on a sub with chipotle mayo, bacon & cheddar cheese **9.50**

🔥 **The Incredible Hulk** Southwest grilled chicken in a wrap with pesto, hot peppers, tomato and provolone cheese **7.75**

Fried Chicken

🔥 **The Clucker:** Fried chicken on a roll with Chipotle mayo, bacon & melted Cheddar Cheese **10.25**

🔥 **The Sinner:** Fried chicken wrap with chipotle mayo, arugula, pickled red onions & tomato **9.75**

🔥 **"Lock Stock & Two smoking Barrels"** Buttermilk Fried chicken on a roll with buffalo sauce, ranch, bacon & melted cheddar cheese **9.50**

Best of The Rest

🔥 **Rappin Rudy:** Chicken cutlet, guacamole, tomato, fresh mozzarella on a roll **8.75**

❄️ **Marciano:** Chicken Salad, avocado, cherry peppers, lettuce & tomato on a roll **8.25**

🔥 **Blazin' Buffalo Wrap:** Crispy chicken pieces tossed in our buffalo sauce with lettuce, tomato & blue cheese dressing **8.25**

Naughty Stuff

Honey Humdingers

Crispy honey chicken nuggets with honey mustard dipping sauce

8.00

Buffalo Pop 'Ems

Crispy buffalo chicken nuggets with blue cheese dipping sauce

8.00

French fries 3.50

Chicken tenders with honey mustard and fries 9.50

Onion rings 3.99

Potato cones with chipotle mayo 3.99

Grilled cheese 4.25

Grilled cheese & bacon 5.99