

California Salad: Romaine, feta, craisins, almonds, avocado, tomato & raspberry vinaigrette **\$9.99** with grilled chicken **\$12.99**
w/chicken salad or tuna salad **12.99** with grilled Salmon **18.99**

Texican Salad: Romaine leaf, tomato, avocado, black beans, corn, sliced jicama with feta cheese and Honey Lime dressing **9.99** with grilled chicken **\$12.99** with grilled Salmon **18.99**

Rogue Salad: Romaine leaf, caramelized walnuts, granny smith apple, creamy crumbled blue cheese, grilled chicken and honey, walnut dressing **12.99** with grilled Salmon **18.99**

Quinoa Salad: With peppers, scallions, carrots, sliced pecans, carrot strips, mixed leaf, grilled chicken & lemon dressing **\$12.99**

Belgium Salad: Green leaf, toasted almonds, goat cheese, grilled chicken & balsamic oil & vinegar **\$12.99**

Cobb Salad: Romaine, tomato, bacon, avocado, egg, blue cheese, Grilled chicken & balsamic Dijon **\$12.99**

Caeser salad or garden salad 9.99 add chicken 12.99

Soup:

Chili con Carne or Butternut Squash SM. 4.99 LG 6.50

Chicken vegetable soup

small 12oz 4.50

large 16 oz 5.99

Chicken Scarpiello

Chicken Scarpiello with one side 10.99 with two sides 13.99

Chicken Scarpiello on a roll 8.99 Chicken Scarpiello on a sub 10.50

Italian grilled chicken

Italian grilled chicken w/one side 10.99 two 13.99

Italian grilled chicken on a roll 8.50 on a sub 9.99

Grilled Salmon

Grilled Salmon w/ one side 13.99 two 16.99

Grilled salmon on a roll 10.99

Choice of Side

Rice/ Steamed vegetable/ Roasted Potatoes/Kale 2.99

The Nectar Collector: Honey mustard Chicken Salad on a wrap with arugula, honey mustard dressing & Fresh Mozzarella, **10.50**

The Godfather: Chicken cutlet on multi grain with chipotle mayo, bacon & Cheddar cheese **10.99**

Boston Wrap: Special Chicken Salad on a wrap with swiss cheese and tomato **9.99**

Grilled Chicken sandwiches

The Chester: Italian chicken on ciabatta with sautéed eggplant, creamy Italian dressing and tomato and melted swiss **10.99**

The Roma: Italian grilled chicken on a roll with swiss , oil & vinegar **9.25**

The Noel: Grilled chicken on Ciabatta with honey mustard, bacon & melted provolone **10.99**

Lord of the rings: cheesesteak on a sub topped with onion rings & American **11.99**

Crispy Buttermilk Chicken Wrap: Crispy chicken pieces tossed in our Ranch dressing with tomato& cheddar cheese

Crispy Buttermilk Chicken Sub: Crispy chicken pieces tossed in our Ranch dressing with tomato& cheddar cheese **11.99**

French Fries 4.50

Buffalo Pop 'Ems

Crispy buffalo chicken nuggets with blue cheese dipping sauce

9.50

Honey Humdingers

Crispy honey nuggets with honey mustard dipping sauce **9.50**