

Jennamariedeli.com 459 summer street, Stamford Ct 06901

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Minimum of \$50.00 for delivery orders

California Salad: Romaine, feta, crasins, almonds, avocado, tomato & raspberry vinaigrette **\$8.50**

with grilled chicken **\$10.99**

w/chicken salad or tuna salad **10.99**

with grilled Salmon **17.99**

Texican Salad: Romaine leaf, tomato, avocado, black beans, corn, sliced jicama with feta cheese and

Honey Lime dressing **8.50** with grilled chicken **\$10.99**

w/chicken salad or tuna salad **10.99**

with grilled Salmon **17.99**

Rogue Salad: Romaine leaf, caramelized walnuts, granny smith apple, creamy crumbled

blue cheese, grilled chicken and honey, walnut dressing **10.99**

w/chicken salad or tuna salad **10.99**

with grilled Salmon **17.99**

Cobb Salad: Romaine, tomato, bacon, avocado, egg, blue cheese, Grilled chicken & balsamic

Dijon **10.99** w/chicken salad or tuna salad **10.99**

with grilled Salmon **17.99**

Quinoa Salad: With peppers, scallions, carrots, sliced pecans, carrot strips, mixed leaf,

grilled chicken & lemon dressing **10.99** w/chicken salad or tuna salad **10.99**

with grilled Salmon **17.99**

Something Extra

Fruit salad 2.99/5.99

Cut up pineapple 2.99

Yogurt parfait 4.99

Pasta Salad *fresh mozzarella, tomato, basil* 2.99

Side of Quinoa 2.99

Sweet endings

chocolate chip brownie 2.25 blondie 2.25 Cheesecake Brownie 2.25

Cookies: Choc chip \$1/peanut butter \$1 Oatmeal raisin \$1

Ruce pudding 1.99

Soups

Chicken & Vegetable Soup Sm 3.99/ Lrg 4.75

New England Clam Chowder 5.99/4.99

Chili Con Carne Lg.5.99 Sm. 4.99

Beef Burrito 8.99 Cheese Burrito 6.99

Baked Mac 'n' Cheese

Sm 4.99/ med 6.99/ large 9.99

Grilled Salmon

Grilled Salmon with lemon butter with one side 12.99

With two sides 15.50

Grilled salmon on a roll 10.25 on a sub 11.25

Cajun Chicken Cutlet

Cajun chicken Cutlet with one side 9.50 with two sides 11.99

Cajun chicken Cutlet on a roll 7.50 on a sub 8.50

Grilled Italian Chicken

Grilled Italian Chicken w/one side 8.99 two sides 11.50

Grilled Italian Chicken on a roll 6.99 on a sub 7.99

Choice of Side

/Rice/Steamed vegetables 2.99

Sautéed Kale w/Pine Nuts and Golden Raisins 3.99

Sandwich of the Day

Bob Dylan: Fried Eggplant, Pesto & Swiss Cheese on a roll **8.99**

Veggie Sandwiches

The Padre': sautéed eggplant, fresh mozzarella and tomato on naan with creamy Italian dressing **9.99**

Red Dawn: tuna salad with crasins, granny smith apple, tomato and cheddar cheese in a wrap **8.75**

Portobello market sandwich: grilled portabella mushrooms on a hard roll with pesto, roasted red peppers, avocado, & melted Swiss cheese **8.99**

Grilled Chicken

The Palermo: Italian grilled chicken on a ciabatta with avocado, provolone and oil and vinegar **8.99**

The Leonardo: Grilled chicken on Ciabatta with honey mustard, bacon & melted mozzarella **9.50**

🔥 **Donatello:** Grilled chicken on a multigrain roll oil & balsamic with tomato, basil & fresh mozzarella **9.99**

🔥 **Bugsy Malone:** Grilled chicken in a wrap with chipotle mayo, spinach, tomato, hot peppers and cheddar cheese **8.99**

🔥 **The Wise Guy:** Grilled chicken, oil & balsamic, broccoli rabe, roasted red peppers, fresh mozzarella on a wedge **10.99**

Naan

The Tessio Grilled Southwest chicken, ranch, tomato&Monterey jack on a naan **9.99**

Cajun Sandwiches

The Sarah Palin: Cajun chicken cutlet on a roll with red pepper mayo, tomato & pepperjack cheese **8.75**

🔥 **The Voyeur:** Cajun chicken cutlet on a sub with ranch, arugula & melted Muenster cheese **9.99**

🔥 **"Fire & Fury":** Cajun chicken Cutlet on a wedge with buffalo sauce, hot peppers, melted pepperjack cheese and arugula **10.50**

The Hot Mess: Cajun cutlet on naan with honey mustard melted Mozzarella **9.99**

Best of the Rest

The Pope of Greenwich village: Breaded chicken cutlet on a ciabatta roll with Russian dressing, bacon and melted cheddar **9.50**

Rico Suave: Chicken Cutlet, on a sub with Pesto, Bacon & Melted Mozzarella **9.99**

Bullet Tooth Tony: Chicken cutlet on a sub with chipotle mayonnaise, arugula and melted Swiss cheese **8.99**

Naughty Stuff

Honey Humdingers

Crispy honey chicken nuggets with honey mustard dipping sauce

8.00

Buffalo Pop 'Ems

Crispy buffalo chicken nuggets with blue cheese dipping sauce

8.00

French fries 3.50

Chicken tenders with honey mustard and fries 9.50

Onion rings 3.99

Potato cones with chipotle mayo 3.99

Grilled cheese 4.25

Grilled cheese & bacon 5.99