

Favorites

See our specials at jennamariedeli.com



jennamariedeli.com

203-977-0652

info@jennamaries-deli.com

jennamariedeli.com

459 Summer Street
Stamford, CT 06901

\$50 minimum for delivery
10% added for delivery (Minimum \$5)

“Visit our daily specials page for more soups, salads, sandwiches and much more @ jennamariedeli.com

Call or visit online for catering info and pricing”



The FDA advises consuming raw or undercooked meats, poultry, seafood or eggs increases your risk of food borne illness

- | | | | | | |
|--|--|------|--|--|------|
| | The Running Man: grilled chicken on toasted Naan with pesto, bacon & melted pepperjack cheese | 9.99 | | The Goodfella: Roast Beef on multigrain roll a roll with horseradish mayo, roasted red peppers & cheddar cheese | 8.99 |
| | Bullet Tooth Tony: breaded chicken cutlet on wedge with chipotle mayo, arugula & melted Swiss cheese | 9.50 | | The Fantasia: breaded chicken cutlet on a wedge with Russian dressing, tomato, bacon & melted Swiss cheese | 9.99 |
| | The Pope: breaded chicken cutlet on a Ciabatta roll with Russian dressing, bacon & melted cheddar cheese | 9.50 | | The Garden Wrap: hummus, lettuce, tomato, roasted red peppers, cucumbers, carrots, avocado, provolone on a spinach wrap | 8.99 |
| | Smooth Stalker: grilled chicken on Naan with horseradish mayo, tomato & cheddar cheese | 9.50 | | Portobello Market sandwich: Grilled portabella mushrooms on a hard roll with pesto, roasted red peppers, avocado, & melted Swiss cheese | 9.50 |
| | Mad fist Willy: Tuna salad, on a roll lettuce, tomato, pickled red onions and Swiss cheese | 8.75 | | The Artful Dodger: chicken salad on a roll with chipotle mayo, arugula & pepperjack cheese | 8.50 |
| | The Godfather: breaded chicken cutlet on multigrain roll with chipotle mayo, bacon & melted cheddar cheese | 9.50 | | Chicken Caesar Wrap: crisp romaine, Pecorino cheese, grilled chicken, creamy caesar dressing | 7.99 |
| | The Lunatic: meatballs marinara on a wedge with hot peppers, arugula & melted mozzarella | 9.99 | | The Bullfighter: Cajun grilled chicken on a roll, red pepper mayo, tomato, pepperjack cheese | 8.25 |
| | Boozin Bob: breaded chicken cutlet on a wedge, buffalo sauce, bacon, melted monterrey jack cheese | 9.99 | | Rico Suave: breaded chicken cutlet on a wedge with, pesto, bacon & melted mozzarella | 9.99 |
| | The Capri: Tomato, fresh Mozzarella, oil & balsamic vinegar, fresh basil on Ciabatta | 8.50 | | The Heisenberg: Chicken cutlet on a roll with bacon, honey mustard and melted gorgonzola cheese | 9.50 |
| | Sarah Palin: Cajun spiced breaded chicken cutlet on a roll with red pepper mayo, tomato & pepperjack cheese | 8.75 | | The Blazin Buffalo wrap: crispy chicken pieces tossed in buffalo sauce with lettuce, tomato & blue cheese dressing in a grilled wrap | 8.99 |
| | Lucky Luciano: Meatballs and fresh mozzarella on a roll | 8.50 | | | |

= SPICY = VEGETARIAN = TOASTED = COLD SANDWICH = GLUTEN FREE

Salads

-  **Spinach Salad:** Baby spinach leaves, cherry tomatoes, black olives, sliced egg, feta cheese, oil & red wine vinegar dressing **(add chicken 10.99)** **8.99**
-  **California Salad:** Romaine leaf, cherry tomatoes, avocado, raisins, toasted almonds, feta cheese, raspberry vinaigrette **(add chicken 10.99)** **8.99**
-  **Classic Caesar Salad:** Romaine leaf, herb croutons, shredded Pecorino Romano cheese, Caesar dressing **(add chicken 10.99)** **7.99**
-  **Texican Salad:** Romaine leaf, tomato, avocado, black beans, corn, sliced jicama with feta cheese and Honey Lime dressing **(add chicken 10.99)** **8.99**
-  **Garden Salad:** Green leaf, cherry tomatoes, cucumbers, carrot, balsamic & oil dressing **(add chicken 10.99)** **7.99**
-  **Quinoa Salad:** Quinoa mixed with carrot, diced pecans, scallions, bell pepper, green leaf lettuce, lemon dressing and grilled chicken **10.99**
-  **The Rogue Salad:** Romaine leaf, sliced granny smith apple, candied walnuts, creamy blue cheese, honey walnut dressing and grilled chicken **10.99**
-  **Cobb Salad:** Romaine leaf, cherry tomatoes, avocado, sliced egg, bacon bits, gorgonzola cheese, creamy balsamic dressing and grilled chicken **10.99**

+ salad extras

- | | | | |
|-------------------------|-------------|-----------------|-------------|
| Charlie's Chicken Salad | 3.99 | Grilled Chicken | 3.99 |
| California Tuna Salad | 3.99 | Meatball (each) | 2.99 |
| Tuna Salad | 3.50 | Extra Dressing | 1.00 |
| Chicken Salad | 3.50 | Chopped Salad | 1.50 |

From The Grill

-  **Big Boy Tuna Melt:** Tuna melt on white toast with avocado & melted fresh Mozzarella **8.99**
-  **Dr Barnard Cheesesteak:** steak on a wedge, melted cheddar cheese, grilled onions, mayo **8.99**
-  **Vlad the Impaler:** grilled oven gold turkey on whole wheat toast with Russian dressing coleslaw & Swiss **8.99**
-  **Norma Jean:** grilled Pastrami on toasted Rye with melted Swiss cheese, coleslaw & Russian dressing **8.99**
-  **The Rockerfella:** Grilled corned beef, Russian dressing, grilled sauerkraut, melted Swiss on Rye **8.99**
-  **The Birdseye:** California tuna melt, tomato & Cheddar on white toast **8.99**

Naughty Stuff

- | | |
|--|-------------|
| French fries | 3.99 |
| Chicken tenders and fries with honey mustard dip | 9.99 |
| Onion rings | 4.50 |
| Potato cones with chipotle mayo | 4.50 |
| Grilled cheese (with bacon 5.99) | 4.25 |

Extras

- | | |
|---|----------------------------|
| Yogurt & granola parfait | 4.99 |
| Fruit Salad with berries | (S) 2.99 / (L) 6.50 |
| Potato Salad | 1.99 |
| Macaroni Salad | 1.99 |
| Coleslaw | 1.99 |
| Pasta Salad (with tomato, mozz & basil) | (S) 2.99 / (L) 6.50 |

Build your own...

Step 1 - choose your bread

Whole wheat bread, White bread, Rye bread, Hard roll, Ciabatta **(+50c)**, Multigrain Roll **(+50c)**. Naan **(+1.50)**, Wedge/sub **(+1.00)**
Wraps (whole wheat / white/ sun dried tomato / spinach)

Step 2 - get your fill

- | | | | |
|--|-------------|--|-------------|
| Chicken salad | 7.50 | Charlies chicken salad <i>(apple, scallions & Crasins)</i> | 7.99 |
| Pesto chicken salad | 7.99 | Tuna salad | 7.50 |
| California tuna salad <i>(apple, Scallions & Craisins)</i> | 7.99 | Oven gold turkey | 7.50 |
| Honey turkey | 7.99 | Pepper turkey | 7.99 |
| Virginia ham | 7.99 | Ham | 7.50 |
| Roast beef | 7.50 | Prosciutto | 8.99 |
| Fried Eggplant | 7.50 | Italian combo | 8.99 |
| Grilled Portabella Mushrooms | 7.99 | <i>(mortadella, capicola, pepperoni, salami) lettuce, tomato, oil & balsamic, provolone cheese</i> | |
| Meatball Parm | 7.99 | BLT (with mayo) | 7.50 |
| Sausage & Peppers | 7.50 | Cajun chicken cutlet | 7.99 |
| Chicken cutlet | 7.99 | Cajun grilled chicken | 7.99 |
| Chicken Parm | 7.50 | Pastrami | 7.99 |
| Grilled chicken | 7.99 | | |
| Corned beef | 7.99 | | |

Step 3 - dress it up

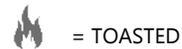
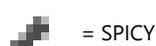
oil & balsamic, oil & red wine vinegar, Olive oil, mayo, honey mustard, ranch, creamy Italian, russian, ceasar dressing, red pepper mayo, chipotle mayo, horseradish mayo, cranberry mayo, mustard, spicy mustard, buffalo sauce, hot sauce, guacamole **(+1.00)**, pesto **(+1.00)**, hummus **(+1.00)**

Step 4 - topping

- | | |
|---------------------|----------------|
| Lettuce | |
| Baby spinach | (+25c) |
| Arugula | (+50c) |
| tomato | (+25c) |
| Roasted red peppers | (+75c) |
| Pickles | (+25c) |
| Coleslaw | (+50c) |
| Red onion | (+25c) |
| Hot Peppers | (+50c) |
| Pickled red onions | (+50c) |
| Bacon | (+1.50) |
| Avocado | (+1.75) |
| Egg | (+1.00) |
| Hummus | (+1.00) |

Step 5 - add cheese

American **(+50c)**, Cheddar **(+50c)**, Swiss **(+50c)**, Provolone, **(+50c)**, Monterrey jack **(+50c)**, Muenster **(+50c)**, Mozzarella **(+50c)**, Fresh Mozzarella **(+1.00)**, Creamy blue cheese **(+1.00)**, Gorgonzola **(+1.00)**



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- Grilled cheese **(with bacon 5.99)** **4.25**

Extras

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Step 3 - dress it up

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Step 4 - topping

- Lettuce
- Baby spinach **(+25c)**
- Arugula **(+50c)**
- tomato **(+25c)**
- Roasted red peppers **(+75c)**
- Pickles **(+25c)**
- Coleslaw **(+50c)**
- Red onion **(+25c)**
- Hot Peppers **(+50c)**
- Pickled red onions **(+50c)**
- Bacon **(+1.50)**
- Avocado **(+1.75)**
- Egg **(+1.00)**
- Hummus **(+1.00)**

Step 5 - add cheese

American **(+50c)**, Cheddar **(+50c)**, Swiss **(+50c)**, Provolone, **(+50c)**, Monterrey jack **(+50c)**, Muenster **(+50c)**, Mozzarella **(+50c)**, Fresh Mozzarella **(+1.00)**, Creamy blue cheese **(+1.00)**, Gorgonzola **(+1.00)**

